



Information for Future Exchange Students

Welcome to Inholland

Inholland University of Applied Sciences is an open, multi-cultural university, which provides top-quality education in an innovative, academic environment. Thanks to our competence-based approach to learning, our students are able to gain a wide range of professional and personal skills necessary for their future careers.

Inholland is located in various cities spread over the western part of the Netherlands. Our campuses are situated in Alkmaar, Haarlem, Amsterdam, Diemen, Rotterdam, Delft and The Hague. Each year, we welcome 200 exchange students who have chosen to study abroad at one of our campuses.

Areas of Study

Inholland offers English courses in the following fields: Business, International Business Innovation Studies, Communication and Media, Music Management, Tourism and Leisure, Lifestyle & Nutrition, Education, Law, Social Work, Radiotherapy, Dental Hygiene, Information Technology and Aeronautical Engineering.

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Inholland locations



For detailed information about the programmes and locations of these courses, please visit our website: www.Inholland.com (International Students > Exchange > Course Guide).



Inholland Locations for Exchange Students

Each semester, we welcome exchange students to our Inholland campuses in Alkmaar, Amsterdam/Diemen, Delft, Haarlem, Rotterdam and The Hague.

Alkmaar

Over the last few decades, Alkmaar has grown into a medium-sized city. Known for its canals with drawbridges, courtyards, old gables, historic buildings and narrow shopping streets, Alkmaar is a city with a warm and friendly atmosphere. The city is internationally famous for its traditional Dutch cheese market. There are also numerous cultural events organised in Alkmaar every year.

Amsterdam/Diemen

Amsterdam is the capital of the Netherlands. The unique combination of Amsterdam's picturesque canals lined with quaint houses and the cosmopolitan culture of this city make it one of the most attractive and popular places in Europe to visit and study.

“The Netherlands is not only the Gateway to Europe but also the place to obtain progressive and up-to-date knowledge and to have unforgettable experiences in a multi-cultural setting.”

Laura Vanaga, Latvia

Here, students will find plenty of trendy bars, restaurants, pubs, nightclubs, cinemas and theatres, just waiting to be explored. There is always something happening in the vibrant city of Amsterdam! Diemen is situated in the vicinity of Amsterdam and is quieter than the bustling capital city.

Delft

Delft is not only a beautiful town with over 600 historic monuments, but most importantly, it is the technological heart of the region. This is the city of innovation with plenty of international companies and a vibrant student community from four universities. All institutions work together to provide the best learning environment as well as trigger and facilitate processes of innovation in business and technology. Technical professionals are always in demand, so this is the place to be for young professionals.



Haarlem

Haarlem is the capital of the province of North-Holland, and has a wonderful historic centre with surprising shops, unique museums, excellent restaurants and pubs. It is only in a short distance from the trendy beaches of Bloemendaal and Zandvoort aan Zee and it is close by the city of Amsterdam. This charming town is the historic centre of the tulip bulb-growing district and bears the nickname 'Bloemenstad' (Flower City) for this reason. Haarlem hosts many cultural events and concerts all year round.





Rotterdam

Known as the *Gateway to Europe*, Rotterdam boasts the largest port in Europe, making it one of the most important trade centres in the world. With its many skyscrapers, Rotterdam's skyline is truly exceptional! It is a cosmopolitan city offering a wide range of events, excellent nightlife and a unique atmosphere.

The Hague

The Hague is the seat of the Dutch Royal Family, the government, international courts and over 160 international organisations, which is why it is widely known as the *International City of Peace and Justice*. The Hague has eleven kilometres of coastline and plenty of seaside recreational areas. It is a vibrant city, pulsating with activities and events to suit everyone.

For further information, please visit the following websites:

Alkmaar: www.alkmaar.nl

Amsterdam: www.iamsterdam.com

Delft: www.delft.nl

Haarlem: www.haarlemmarketing.co.uk

Rotterdam: www.rotterdam.info

The Hague: www.denhaag.com

www.studyinholland.nl



Academic Year

At Inholland, we use the European Credit Transfer System (ECTS) and the student workload is expressed in terms of European Credits (EC).

The academic year starts at the end of August and finishes at the beginning of July. Each year of study represents an academic workload of 60 ECs and the year is divided into 4 terms, each containing 15 ECs. The first semester is known as the autumn/winter semester and the second one is the spring/summer semester.

First/autumn semester (30 ECs)	Term 1 (15 ECs)	End of August - beginning of November
	Term 2 (15 ECs)	Beginning of November - end of January
Second/spring semester (30 ECs)	Term 3 (15 ECs)	End of January - beginning of April
	Term 4 (15 ECs)	Beginning of April - beginning of July

Application deadlines:

First/autumn semester: 1st May

Second/spring semester: 1st November

Introduction Days are organised at the beginning of each semester by the International Office in cooperation with the Erasmus Student Network.

Language Requirements

Future Exchange Students do not need to have passed an IELTS or TOEFL exam in order to apply for our exchange programme. However, the home university of each student does need to show that the level of English of each applicant is at least at B2 level, according to the Common European Framework of Reference for Languages.

Teaching Methods

“The atmosphere is very nice at the university. The staff members are very friendly and helpful. The level of education is very good, as well. I enjoyed the time I spent there.”

Iveta, Kaunaite, Lithuania

The study load is approximately forty hours a week, divided among lectures, projects, self-study activities, exams and other individual or group activities. Our educational system requires an active and interactive attitude from both students and lecturers. Lecturers are responsible for providing meaningful content in a challenging way and students are required to learn the assigned work and complete all the tasks and assignments given. Students work both independently and in multi-cultural project groups, both during lessons and in their own time. This entails working closely with other students in project teams, achieving certain results together, and learning to take individual responsibility at the same time. Working in small, multi-cultural teams is an invaluable learning experience - both personally and professionally.

Inholland uses a ‘competence-based’ approach to learning. This means that all teaching and learning activities concentrate on developing professional competencies. A competency is a combination of knowledge, attitude and skills required to do a certain task in the specific professional field for which students are being educated. Our approach to education combines theory and practice with learning activities, which enables our students to put the knowledge they have gained into practice immediately (including projects and practical assignments).

Credits and Assessment

Students can be assessed in a variety of ways: individual exams, essays, reports, presentations and group activities. Exams take place at the end of each term. Students participating in the exchange programme will receive credits for all the academic work they have completed successfully. The credits they have obtained will be stated on a Transcript of Records.

As stated in the Learning Agreement, which was approved beforehand, exchange students can have these credits transferred to their home institution.

Facilities

Inholland is a modern university with excellent facilities. Lecture halls, laboratories and project rooms are all designed to enhance our modern approach to education.

High Tech Equipment

On all its campuses, Inholland has computer rooms with numerous computers on every floor and also throughout the building. Depending on the field of study and the campus, students can use Apple Laboratories or AVM Studio during classes.

For the Media & Entertainment Management course, Inholland offers an in-house recording studio and broadcasting station where students get the opportunity to work on professional TV and radio productions, such as the broadcasting station, FeelIN Radio, which is run for students by students.





Aeronautical Engineering students at Inholland's campus in Delft have access to a Flight Simulator and Composites Lab.

Each student has a school account with a login ID and email address. This account allows students access to information on courses, exam schedules, timetables, room reservations and more. Inholland also has its own Intranet, as well as Blackboard. Blackboard connects students with members of staff, project groups and study groups and, at the same time, updates students on school news and activities.

"It was a really great life experience. Living in Haarlem gives you a real taste of the lifestyle of a typical Dutch student. The combination of lakes, nature reserves, beaches, quiet Haarlem and bustling Amsterdam was perfect. The lecturers at the university are really great people, like most Dutch people I met... Beware of the bike shops!"

Victor Feitosa, United Kingdom

Silence Room

Inholland realises the importance of a healthy state of mind and that is why almost every campus has its own special silence room for prayer and meditation. The silence room is a quiet place where students of all religions can meditate, pray or just relax in peace.

Library

Inholland's libraries were completely digitalised in September 2015. We have a huge amount of information on all our programmes and various databases, which are digitally accessible via the Inholland account.

Guidance and Support

Each of our campuses provides a system of personal support in the form of a career guidance coach, lecturer and student counsellor. These people are available to help students with matters pertaining to their studies and other practical and personal issues, such as, learning disabilities (e.g. dyslexia) and homesickness. Students can discuss their situation with a student counsellor, who will advise them on an appropriate course of action.



Information on Staying in the Netherlands

More information can be found on the exchange section of our website www.inholland.com (Exchange / Visa and Residence Permit).

Requirements for Entering & Staying in the Netherlands

Students who do not have a European nationality require a visa to enter the Netherlands, with the exception of nationals from the following countries: Australia, Canada, Iceland, Japan, Monaco, New Zealand, Norway, South Korea, Switzerland, United States of America and Vatican City. Inholland provides assistance in applying for a Visa and/or Residence Permit by using a special, short procedure.

Accommodation

Inholland offers accommodation to exchange students at the following campuses: Alkmaar, Diemen, Haarlem and Rotterdam. Students have the option to rent a room for a semester or for the whole academic year. Note that accommodation is limited and reservations are on a first-come-first-served basis.

Students from EU Countries: If you are an exchange student from an EU member state, you should apply for a European Health Insurance Card (EHIC) from your own insurance company.

Students from Non-EU Countries: Non-EU students will apply for their Visa and/or Residence permit through our Admissions Office. The Admissions Office will also take out an IPS insurance on your behalf.

Health Insurance

During the entire study period, exchange students are required to have a valid health insurance policy. We strongly advise each student to have travel insurance and liability insurance as well.

“My time at Inholland has definitely been a positive experience. I met many international students from different backgrounds and found this to be very enriching. In addition, the programme that I followed was very practical and made me improve my skills in various areas, such as fluency, language and team work. Moreover, the service provided by the university was very efficient and helpful to international students.”

Eduard Riera Costa, Spain

Social Activities



The Erasmus Student Network (ESN) is a non-profit organisation throughout Europe that organises social, cultural and sports activities for international students. Exchange students at Inholland Amsterdam/Diemen, Haarlem or Rotterdam/The Hague can participate in these activities.

ESN organises all kinds of activities, such as:

- Pick-up service from the airport on one or two fixed days.
- International (theme) parties, dinners and BBQs.
- Football matches between international teams.
- Visit to Keukenhof (the most famous flower gardens in the Netherlands).
- Visit to other cities and sightseeing tours.
- Museum night.
- Beach party.
- Laser gaming, ice-skating, bowling.
- ...and much more!

To find out more about ESN and its activities, please send an email to one of the addresses mentioned below:

ESN Diemen: info@esndiemen.nl

ESN Haarlem: info@esnhaarlem.nl

ESN Rotterdam: info@esnrotterdam.nl

You can also contact your International Office to get the details of the current Facebook group.

Contact us

If you are interested in an exchange programme at Inholland University of Applied Sciences, please contact the International Office or the Study Coordinator at your university for more information, or visit our website: www.inholland.com.

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