

Dental Hygiene

Course guide 2026-2027

Semester	Spring (semester 2, term 3)
Inholland location(s)	Amsterdam (ACTA building)
Inholland faculty	Health, Sports & Social Work
Language of instruction	English
Cycle	Bachelor level
Number of ECTS	15

Subjects

Subject title	ECTS	Course code
Introduction	2	3026EXCH1Z
Dental Hygiene	10	3026EXCH2Z
Preclinical skills	3	3026EXCH3Z

Content subjects

1. Introduction

Activity 1.1 Introduction Inholland Sluisbuurt

Activity 1.2 Introduction Inholland ACTA & Patient treatment

2. Dental Hygiene

Activity 2.1 Patient treatment

Activity 2.2 Observation patient treatment

Activity 2.3 Internship

3. Preclinical skills

Activity 3.1 Preclinical preparation

Activity 3.2 Instrumentation lessons

Learning outcomes

1. Introduction

- Activity 1.1 Introduction Sluisbuurt. The student:
 - Is familiar with the Inholland building at Sluisbuurt.
 - Participation at the introduction program and meets other exchange students.
- Activity 1.2 Introduction Inholland ACTA & Patient treatment. The student:
 - Is familiar with the ACTA building.
 - Is familiar with the exchange program and what is expected of the student during their stay.
 - Is familiar with the way the Dutch student work at patient treatment.

2. Dental Hygiene

- Activity 2.1 Patient treatment. The student:
 - Can treat a patient following the care plan under supervision of the teacher.
 - Can integrate his knowledge during patient treatment.
- Activity 2.1 Observation patient treatment. The student:
 - Observe the students during patient treatment for a week.
 - Observe how our Dutch students work, the hygiene protocol what products and instruments are used and the different between Holland education and their country.
- Activity 2.3 Internship. The student:
 - Is placed at a clinic of our choice for 1 or 2 days.
 - Observe how Dutch clinics work, the hygiene protocol what products and instruments are used and the different between Holland education and their country.

3. Preclinical skills

- Activity 3.1 Simodont. The student:
 - Practice different exercises on the Simodont during their stay.
- Activity 3.1 Instrumentation lessons. The student:
 - Knows which instrument the faculty uses during patient treatment.
 - The students practice with different instruments witch we use during patient treatment.
 - Practice on a Phantom-head and Frasco-teeth.
 - Can use the instruments during patient treatment.

Mode of delivery, planned activities and teaching methods

Introduction: face to face

Dental Hygiene: face to face

Preclinical skills: face to face and self-study

Prerequisites and co-requisites

To treat patients, it is obligated by Dutch law to have a certificate of Hepatitis B including the analysis (anti HbsAg > 100 IU / liter).

A Hepatitis B vaccination process includes 3 vaccinations and 1 blood test.

After the 1st vaccination, the 2nd must be 1 month later, the 3rd vaccination 6 months later and the blood test 1 month after the 3rd vaccination. The process takes at least 8 months; that's without a booster if the analysis value is too low.

The certificate of Hepatitis B including the analysis (anti HbsAg > 100 IU / liter) must be sent 3 months before the start of your exchange, to susan.bos@inholland.nl.

Without the right certificate before the deadline, you can't join the exchange.

Recommended or required reading and/or other learning resources/tools

Clothing for the clinic

- White clothing must be worn at the clinic. The white clothes are long white trousers combined with a white jacket. The jacket needs to have short sleeves; this ensures proper hand hygiene. Long sleeves of own clothing must be rolled up under the sleeves of the jacket.
- Own clothing (shawl or cardigan) is not worn over the jacket. Also, it is not allowed to wear any long chains or other jewelry over the clinical clothing.
- If you are wearing a headscarf, it must be worn in the clinic in such a way that the material of the headscarf does not contact the patient or patient's material. The eyes and the face must be properly visible.
- The jacket, trousers (and headscarf) must be replaced daily. If during the activities the clothing and/or the headscarf are visibly polluted, they must be immediately replaced by clean clothing.
- The jacket, trousers (and headscarf), if any, must be washed at 60 °C.

Shoes for the clinic

Shoes must be of a closed model and white in color. The material must be immune to cleaning and disinfecting means (soap, chloride & alcohol). In case of visible contamination, the shoes must be cleaned. Plastic slippers over the shoes do not yield any contribution to infection prevention.

NOTE: In case you do not have white clinic clothes and/or shoes, please buy them before your exchange starts. At the Faculty we do not have the possibility to lend clothes.

Assessment methods and criteria

Introduction

- Active participation.

Dental Hygiene

- Patient treatment: summative evaluation, Practical Record Book.

Preclinical skills: Simodont

- During the Preclinical skills, you need to practice the different exercises on the Simodont, active participation.

Preclinical skills: Instrumentation lessons

- During the lessons, you practice with the instrument, active participation, Practical Record Book.

Coordinator

Susan Bos - susan.bos@inholland.nl