

<b>Course Title</b>	<b>Dental Hygiëne exchange programme</b>
<b>Semester</b>	Spring (semester 2) - Term 3
<b>Inholland Faculty</b>	Faculty of Health, Sports & Social Work
<b>Course code</b>	To be announced
<b>Inholland location</b>	Amsterdam
<b>Cycle</b>	Undergraduate (Bachelor level)
<b>Number of ECTS</b>	15
<b>Language of instruction</b>	English
<b>Course content</b>	<p><b>1. Introduction</b></p> <p>Activity 1.1 Inholland:</p> <ul style="list-style-type: none"> <li>• Meeting 1: Introduction Inholland</li> <li>• Meeting 2: Introduction OZW/ACTA</li> </ul> <p>Activity 1.2 Introduction clinic:</p> <ul style="list-style-type: none"> <li>• Practical: Hygiene in clinic</li> </ul> <p>Activity 1.3 Presentation Erasmus exchange students</p> <p><b>2. Dental Hygiëne:</b></p> <p>Activity 2.1 Patient treatment:</p> <ul style="list-style-type: none"> <li>• Practical: Observation patient treatment</li> <li>• Practical: Patient treatment + Summative evaluation</li> </ul> <p>Activity 2.2 Ergonomics:</p> <ul style="list-style-type: none"> <li>• Meeting 1: Ergonomics</li> </ul> <p><b>3. Coaching/ Internship</b></p> <p>Activity 3.1 Coaching:</p> <ul style="list-style-type: none"> <li>• Meeting 1 + 3 + 5: Coaching 1 + 2 + 3</li> <li>• Meeting 2 + 4: Individual</li> </ul> <p>meeting 1 + 2 Activity 3.2 Internship:</p> <ul style="list-style-type: none"> <li>• Meeting 1: Internship</li> </ul> <p><b>4. Preclinical skills 1</b></p> <p>Activity 4.1 Preclinical skills 1:</p> <ul style="list-style-type: none"> <li>• Introduction Simodont</li> <li>• Practical: Preclinical skills 1: Simodont</li> </ul>

<b>Lecturer(s)</b>	<p>Annemieke Paap: annemieke.paap@inholland.nl</p> <p><u>Practical &amp; Preclinical</u>: Susan Bos: susan.bos@inholland.nl</p> <p><u>Coaching</u>: Vasilena Galabova: vasilena.galabova@inholland.nl</p>
<b>Learning outcomes</b>	<p><b>1. Introduction</b></p> <p>Meeting: Introduction OZW/ ACTA</p> <p>The student:</p> <ul style="list-style-type: none"> <li>• is familiar with the ACTA building;</li> <li>• is familiar with the purpose of the Practical Record Book and the benefits of self-reflection;</li> <li>• knows how to access and negotiate around Moodle;</li> <li>• can find required resources on Moodle.</li> </ul> <p>Meeting: Instruction patient treatment</p> <p>The student:</p> <ul style="list-style-type: none"> <li>• knows how to work with the care plan during patient treatment;</li> <li>• knows how to use PPS.</li> </ul> <p>Practical: Hygiene in clinic</p> <p>The student:</p> <ul style="list-style-type: none"> <li>• knows the guidelines concerning personal hygiene at the dental hygiene education Amsterdam;</li> <li>• can apply the hygiene guidelines and procedures during patient treatment.</li> </ul> <p>Presentation Erasmus exchange students</p> <p>The student:</p> <ul style="list-style-type: none"> <li>• meets the Dutch dental hygiene students;</li> <li>• is capable to give information in English about his/her country and education to foreign students.</li> </ul> <p><b>2. Dental Hygiene</b></p> <p>Practical: Patient treatment + Summative evaluation</p> <p>The student:</p> <ul style="list-style-type: none"> <li>• can treat a patient following the care plan under supervision of the teacher;</li> <li>• can integrate his knowledge during patient treatment.</li> </ul> <p>Meeting: Ergonomics</p>

	<p>The student:</p> <ul style="list-style-type: none"> <li>• learns how to sit correctly during patient treatment;</li> <li>• can analyze his/ her own functioning during patient treatment concerning ergonomics;</li> <li>• can make adjustments to improve his/ her ergonomics.</li> </ul> <p><b>3. Coaching/ Internship</b></p> <p>Meeting: Coaching 1 + 2 + 3</p> <p>The student:</p> <ul style="list-style-type: none"> <li>• can reflect on his/her own experiences and choices which have been made.</li> </ul> <p><b>4. Preclinical skills 1</b></p> <p>Meeting 1: Introduction Simodont</p> <p>The student is capable of evaluating their own performance, seeking feedback and implementing appropriate strategies for improvement.</p>
<p><b>Mode of delivery, planned activities and teaching methods</b></p>	<p><b>1. Introduction:</b> Face to face</p> <p><b>2. Dental Hygiene:</b> Face to face</p> <p><b>3. Coaching/Internship:</b> Face to face and Self study</p> <p><b>4. Preclinical skills 1:</b> Face to face and Self study</p>
<p><b>Prerequisites and co- requisites (if applicable)</b></p>	<p>To treat patients it is obligated by Dutch law to have a certificate of Hepatitis B including the titer. The titer (amount of antibodies) needs to be mentioned and it needs to be anti HbsAg &gt; 100 IU / liter.</p> <p>The certificate of Hepatitis B including the titer (anti HbsAg &gt; 100 IU / liter) has to be sent to <a href="mailto:susan.bos@inholland.nl">susan.bos@inholland.nl</a> before starting the exchange.</p> <p><b><u>Without the right certificate, you can't start the exchange.</u></b></p>
<p><b>Assessment methods and criteria</b></p>	<p><b>Dental Hygiëne</b></p> <ul style="list-style-type: none"> <li>• Patient treatment: Summative evaluation, Practical Record Book</li> <li>• Ergonomics: assignment, is part Coaching program</li> </ul> <p><b>Coaching/ Internship</b></p> <p>The exam consists of a presentation about your learning experience during the Erasmus exchange program.</p> <p><b>Preclinical skills</b></p> <p>The exam is based on the test in which you make three preparation of a</p>

	<p>'cross' at 90% with direct view. You make this test in 45 minutes.</p>
<p><b>Recommended or required reading and/or other learning resources/tools</b></p>	<p><b>Clothing for the clinic</b></p> <ul style="list-style-type: none"> <li>• White clothing must be worn at the clinic. The white clothes are, long white trousers combined with a white jacket. The jacket needs to have short sleeves, this ensures a proper hand hygiene. Long sleeves of own clothing must be rolled up under the sleeves of the jacket.</li> <li>• Own clothing (shawl or cardigan) is not worn over the jacket. It is neither allowed to wear any long chains or other jewelry over the clinical clothing.</li> <li>• If you are wearing a headscarf, it must be worn in the clinic in such a way that the material of the headscarf does not contact the patient or patient's material. The eyes and the face must be properly visible.</li> <li>• The jacket, trousers (and headscarf) must be replaced daily. If during the activities the clothing and/or the headscarf are visibly polluted, they must be immediately replaced by clean clothing.</li> <li>• The jacket, trousers (and headscarf), if any, must be washed at 60 °C.</li> </ul> <p><b>Shoes for the clinic</b></p> <p>Shoes must be of a closed model and of white in color. The material must be immune to cleaning and disinfecting means (soap, chloride &amp; alcohol). In case of visible contamination the shoes must be cleaned. Plastic slippers over the shoes do not yield any contribution to infection prevention.</p> <p>NOTE: In case you do not have white clinic clothes, shoes and socks please buy them before your exchange is starting. At the Faculty we do not have the possibility to lend clothes.</p>